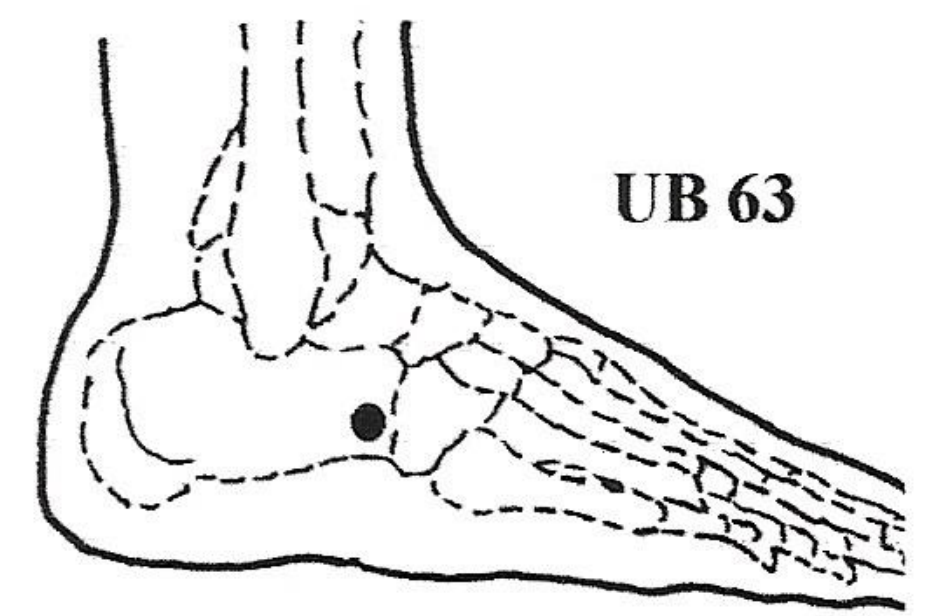
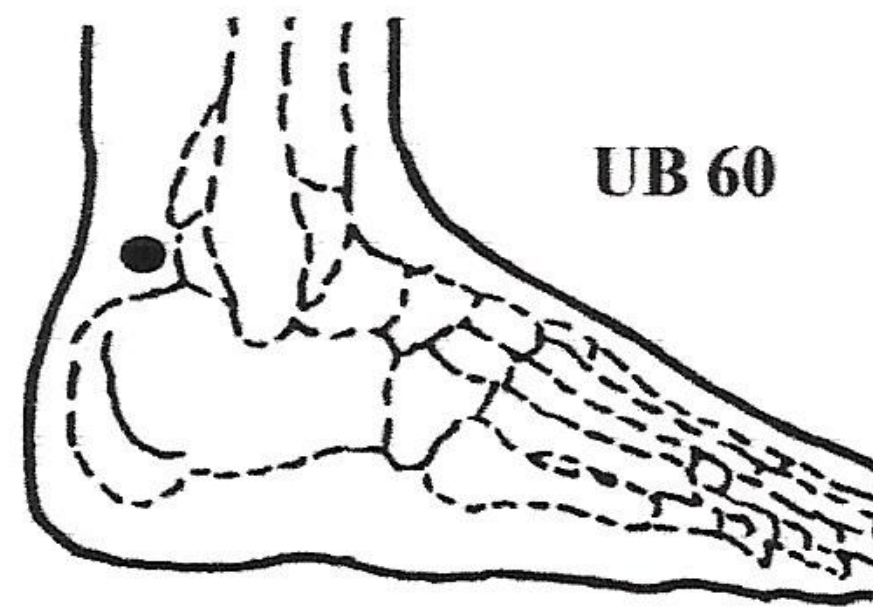
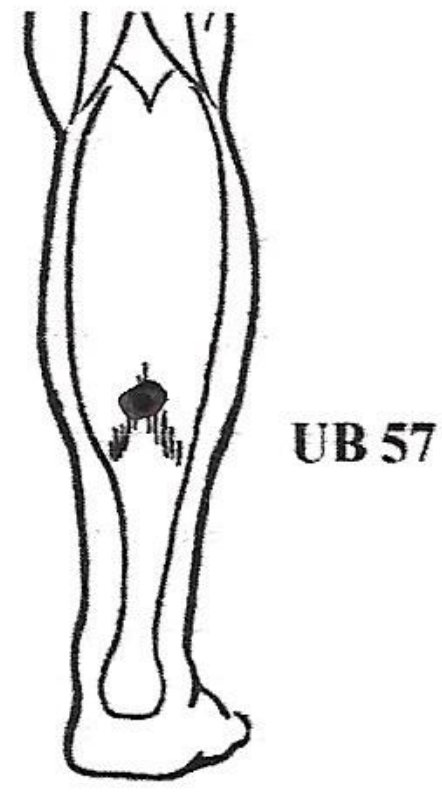
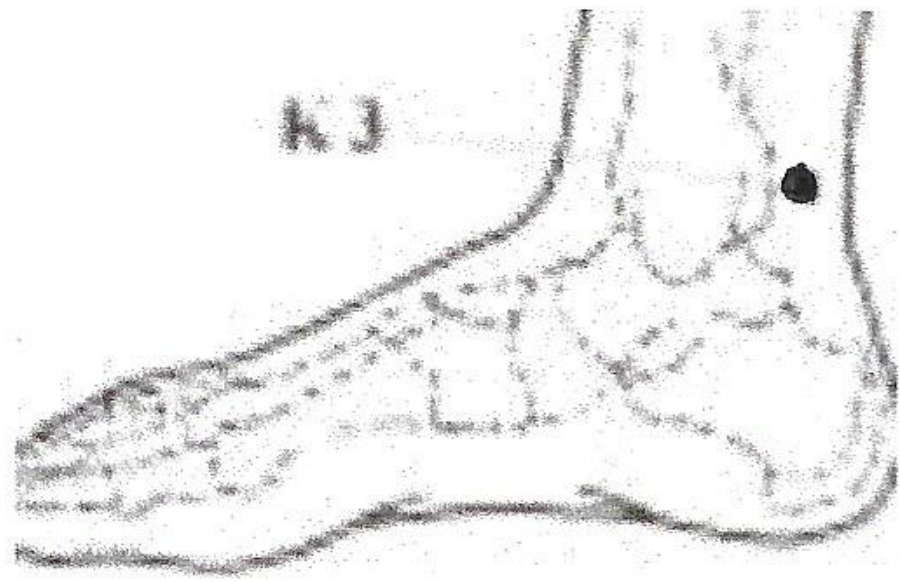


AcuPoint Analysis

FOOT PLANTAR ASPECT PAIN

Points



AcuPoint Analysis
FOOT PLANTAR ASPECT PAIN
(DESCRIPTIONS)

Point	Description
K03	The width of two thumbs above the crown of the inner ankle, still on the inner side of the leg, but almost to the rear of the leg. Do not strongly stimulate this point after the third month of pregnancy.
UB57	In the center of the base of the calf muscle, midway between crease behind the knee and the heel at the bottom of the calf muscle buldge.
UB60	In the hollow (or valley) behind the crown of the outer ankle.
UB63	On the outside edge of the foot just ahead of the prominence ankle bone (direction of the toes) found midway between the toes and ankle.